

A Parent's Guide to Camp

For parents of summer campers Headed to Kirchenwald

Countdown to Camp A Parent's Timeline

Sending a child to camp is a big step for a parent. We appreciate the trust you place in us. Through our training policies and accreditation with the American Camping Association, we take that responsibility seriously. This flyer is part of our effort to help prepare you and your child for the very best camping experience possible.

Upon receiving confirmation of your child's registration:

❖ **Review all Paperwork:** make sure your assignment matches your first or second choice.

❖ **Schedule doctor's Appt. for health form Completion (nurse may sign and complete if a prior physical took place within a year of camping visit.**

❖ **Contact camp Regarding any special needs; physical, dietary, or otherwise.**

One or two weeks before camp:

- Include child in preparation
- Complete remaining paperwork
- Gather items needed for camp

- Consider purchasing "sample" sizes of toiletries
- Share the camp's mailing/e-mail address with those who may want to write to your child... letters should be mailed early in the week
- Consider sending a letter or postcard Thursday or Friday of the week prior to the child's camp week so it will be received on Monday.
- Provide stamped, addressed envelopes or postcards for easy mailing home (enclose in sealed plastic bag)

Packing List:

When packing, send comfortable, durable clothes – not your best outfits. Consider marking your child's name on care tag with permanent marker.

Necessities:

Plenty of T-shirts & shorts
 **1-2 pair of jeans or sweatpants
 Sweatshirt or jacket
 Socks, underwear, pajamas
 **two pair of sneakers/sturdy shoes (one that can get wet on a creek hike)
 Rain gear
 Towel & washcloth
 Swimsuit/towel

Toiletries in portable container
 Sunscreen
 Pillow & sleeping bag (preferred) or sheets and blanket
 Bible
 Pen & paper
 Any medications in original containers with prescription clearly marked
 Any specialty camp items (bike, helmet, skateboard, etc for appropriate program)
 Sturdy flashlight with new batteries

Suggested/ optional

Laundry bag
 Camera & film
 Bug repellent

*Please do not bring **

Cell Phone (please do not tell camper to call home)
 Radios, CD players, ipod or other electronic devices
 Tapes or CDs
 Food, candy or soda
 Pocket knives
 Alcohol, tobacco products, matches or lighters

We want this camping week to bring a refreshing break from the outside world.

CAMP
 gives kids
 a world
 of good.